

# Presentation

On

# SMART Goals

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**SMART Goals**

## History

The **SMART** methodology was developed in **2006** by a **Panel of Experts in epidemiology**, Nutrition, food security, early warning systems and demography

**SMART** was originally **developed** to assess **Acute Malnutrition and mortality** in emergencies.

It is now used in **All Setting**, including **development** And **Displaced Populations**

# What is SMART Goal Setting?



**A Goal** without a Plan is **Just A Wish**

# What is SMART Goal Setting?

Organization **Use Various Tools** to make **Goals Achievable**

**SMART Methodology** is One of Them



**SMART** technique helps **To Attain & Track the Goal**

It **Verify Every Points** if the doing get the desired results

# What does SMART Goal setting stand for?

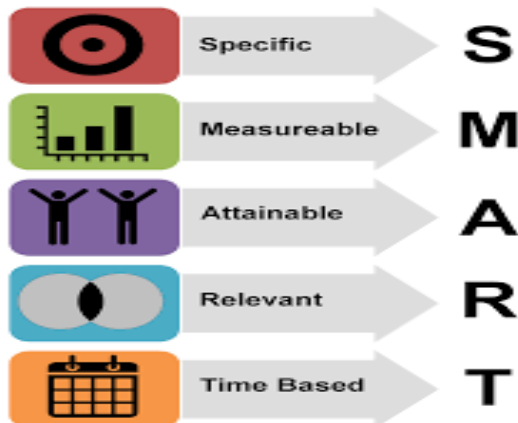
Specific	Measurable	Achievable	Realistic	Time Bound
<b>S</b>	<b>M</b>	<b>A</b>	<b>R</b>	<b>T</b>
What do you want to do?	How can you understand when you have reached it?	Is it in your power to accomplish it?	Can you realistically achieve it?	When exactly do you want to accomplish it?

# What does SMART Goal setting stand for?

Specific	Measurable	Achievable	Realistic	Time Bound
<b>S</b>	<b>M</b>	<b>A</b>	<b>R</b>	<b>T</b>
<b>Clear + Focused</b>	<b>How it will be completed?</b>	<b>Can it be done?</b>	<b>Does it tie into my goals?</b>	<b>When will it end?</b>

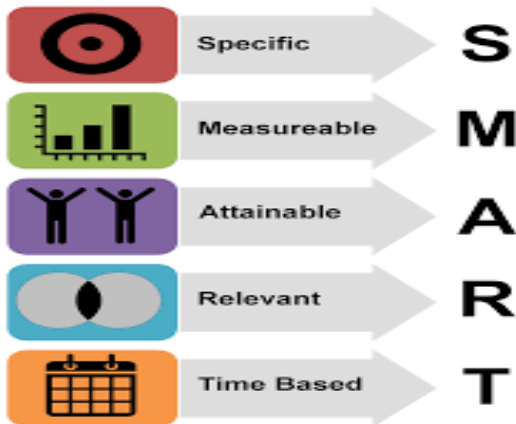
# What does SMART Goal setting stand for?

<b>S</b>	<b>Specific</b>
<b>M</b>	<b>Measurable</b>
<b>A</b>	<b>Achievable</b>
<b>R</b>	<b>Realistic</b>
<b>T</b>	<b>Time Bound</b>



# What does SMART Goal setting stand for?

<b>S</b>	<b>Specific</b>	<b>Who? What? Where? When? How?</b>
<b>M</b>	<b>Measurable</b>	<b>Breaks it down into measurable unit</b>
<b>A</b>	<b>Achievable</b>	<b>Is your goal attainable?</b>
<b>R</b>	<b>Realistic</b>	<b>How much is it relevant to you?</b>
<b>T</b>	<b>Time Bound</b>	<b>Make a master print. Time=Money</b>





# Tips for SMART Goat Setting

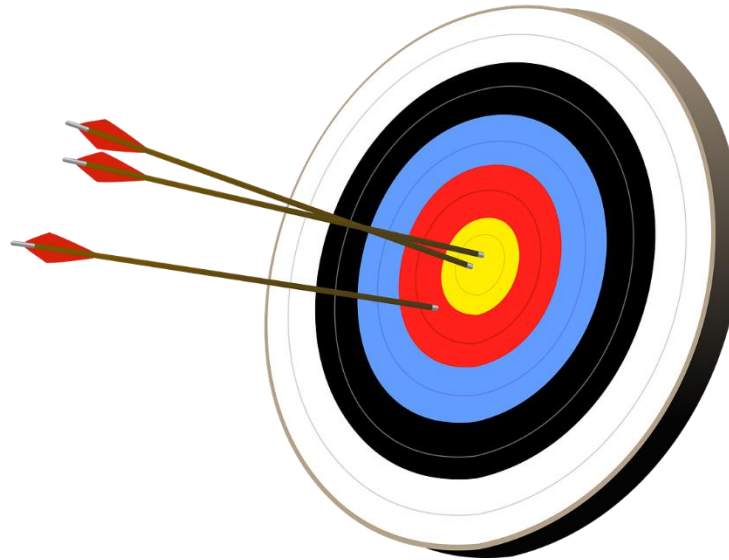
Small Action

=

Big Changes

Setting Goals is something Easier than Done

## GOAL SETTING



# Example – SMART Goals

**Decreasing waste generation 20% within 2022**

**Specific**

**Measurable**

**Achievable**

**Realistic**

**Time Bound**

**SMART Goals**

# Example – SMART Goals

**Decreasing waste generation 20% within 2022**

**Specific**

**What? (Decreasing Waste)**

**Measurable**

**Present waste rate is absent**

**Achievable**

**Is your goal attainable?**

**Realistic**

**How much is it relevant to you?**

**Time Bound**

**Within 2022**

# Example – SMART Goals

**Decreasing waste generation 20% within 2022**

<b>Specific</b>	<b>What? (Decreasing Waste)</b>	<b>OK</b>
<b>Measurable</b>	<b>Present waste rate is absent</b>	<b>Not OK</b>
<b>Achievable</b>	<b>Is your goal attainable? 20%</b>	<b>Not OK</b>
<b>Realistic</b>	How much is it relevant to you? <b>20%. Is it matching to your present rate?</b>	<b>Not OK</b>
<b>Time Bound</b>	<b>Within 2022...Not fully Specific</b>	<b>OK</b>

# Example – SMART Goals

**For Company Profitability, we will decrease waste generation from 10% to 8% within Dec-2022**

**Specific**

**Measurable**

**Achievable**

**Realistic**

**Time Bound**

**SMART Goals**

# Example – SMART Goals

**For Company Profitability, we will decrease waste generation from 10% to 8% within Dec-2022**

**Specific**

**What?**

**Measurable**

Present waste rate

**Achievable**

Is your goal attainable?

**Realistic**

How much is it relevant to you?

**Time Bound**

**Within Dec-2022**

# Example – SMART Goals

**For Company Profitability, we will decrease waste generation from 10% to 8% within Dec-2022**

<b>Specific</b>	<b>What? (Decreasing Waste Generation)</b>	<b>OK</b>
<b>Measurable</b>	Present waste rate is 10% & target waste rate is 8%	<b>OK</b>
<b>Achievable</b>	Is your goal attainable? Yes. 10% to 8%	<b>OK</b>
<b>Realistic</b>	How much is it relevant to you? Yes. Fully relevant to profitability. It is tied to my goals.	<b>OK</b>
<b>Time Bound</b>	<b>Within Dec-2022</b>	<b>OK</b>

# Example – SMART Goals

Implement training to 95% employee within 2022

**S**pecific

**M**easurable

**A**chievable

**R**ealistic

**T**ime Bound



# Example – SMART Goals

**Implement training to 95% employee within 2022**

**Specific**

**What Training?**

**Measurable**

**Present employee=?**

**Achievable**

**Is your goal attainable? 95%**

**Realistic**

**How much is it relevant to you? 95%**

**Time Bound**

**Within 2022**

# Example – SMART Goals

**Implement training to 95% employee within 2022**

<b>Specific</b>	<b>What Training?...Not Specific</b>	<b>Not OK</b>
<b>Measurable</b>	<b>Present employee=?...Not Specific</b>	<b>Not OK</b>
<b>Achievable</b>	<b>Is your goal attainable? 95%</b>	<b>Not OK</b>
<b>Realistic</b>	<b>How much is it relevant to you? 95%. Not relevant. What type of training?</b>	<b>Not OK</b>
<b>Time Bound</b>	<b>Within 2022...Not fully Specific</b>	<b>OK</b>

# Example – SMART Goals

Implement H&S training to 6 In-Charge's out of all employee within Jan-2022 to Mar-2022 for workplace safety

**S**pecific

**M**easurable

**A**chievable

**R**ealistic

**T**ime Bound

**SMART** Goals

# Example – SMART Goals

Implement H&S training to 6 In-Charge's out of all employee within Jan-2022 to Mar-2022 for workplace safety

**Specific**

What Training?

**Measurable**

6 In-Charge's out of all employee

**Achievable**

Is your goal attainable?

**Realistic**

How much is it relevant to you?

**Time Bound**

Within Jan-2022 to Mar-2022

# Example – SMART Goals

Implement H&S training to 6 In-Charge's out of all employee within Jan-2022 to Mar-2022 for workplace safety

<b>Specific</b>	What Training? H&S training for workplace safety	OK
<b>Measurable</b>	6 In-Charge's out of all employee	OK
<b>Achievable</b>	Is your goal attainable? 6 out of all & Jan-2020 to March-2020	OK
<b>Realistic</b>	How much is it relevant to you? The training is relevant to workplace safety	OK
<b>Time Bound</b>	Within Jan-2022 to Mar-2022	OK

# Working for SMART Target

স্মার্ট  
(SMART)  
লক্ষ্য  
কাজ  
করা



# Any Question...!?



# Any Question...!?

